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The leading causes of workplace death and injury are not always the same. While transportation incidents were the leading cause of workplace death in 2024, contact incidents; overexertion, repetitive motion and bodily condition; and slips, trips and falls were the leading causes of nonfatal injuries involving Days Away From Work (DAFW) from 2023-2024.

Included below is information to increase awareness of the greatest injury and illness risks on the job.

Top 3 Workplace Injuries and Illnesses Involving DAFW Cases, 2023-2024

#1 Contact Incidents	#2 Overexertion, repetitive motion and bodily condition	#3 Slips, trips and falls
<p>499,270 injuries and illnesses resulting in days away from work</p> <hr/> <p> Injury rate: 23.6 per 10,000 full-time workers</p> <hr/> <p> Age group most at risk: 16 to 19</p> <hr/> <p> Industry most at risk: Transportation and warehousing</p> <hr/> <p> Typical work days lost: 5</p> <hr/> <p> Most frequent case type: Cuts, lacerations and punctures without internal injury</p>	<p>492,140 injuries and illnesses resulting in days away from work</p> <hr/> <p> Injury rate: 23.2 per 10,000 full-time workers</p> <hr/> <p> Age group most at risk: 20 to 24</p> <hr/> <p> Industry most at risk: Transportation and warehousing</p> <hr/> <p> Typical work days lost: 14</p> <hr/> <p> Most frequent part of body hurt: Back</p>	<p>479,480 injuries and illnesses resulting in days away from work</p> <hr/> <p> Injury rate: 22.6 per 10,000 full-time workers</p> <hr/> <p> Age group most at risk: 65 and over</p> <hr/> <p> Industry most at risk: Transportation and warehousing and Agriculture</p> <hr/> <p> Typical work days lost: 13</p> <hr/> <p> Most frequent type of injury: Sprains, strains and tears</p>

Visit injuryfacts.nsc.org to get additional detail on workplace injuries and more.

Source: Bureau of Labor Statistics, U.S. Department of Labor

