CDC - Alcohol & Drug Statistics Reports

Deaths from Excess Alcohol Use

See:

Esser, M.B., Sherk, A. Liu, Y. & Naimi, T.S. (2024)

Deaths from Excessive Alcohol Use — United States, 2016–2021.

Morbidity and Mortality Weekly Report 73(8), 154-161.

https://www.cdc.gov/mmwr/volumes/73/wr/pdfs/mm7308a1-H.pdf

"Average annual number of deaths from excessive alcohol use increased 29.3%, from 137,927 during 2016–2017 to 178,307 during 2020–2021" [p.154] ... "rates were particularly elevated from 2019 to 2020, concurrent with the onset of the COVID-19 pandemic." [ibid.]

Routes of Drug Use in OD Deaths

See:

Tanz, L.J., Gladden, R.M., Dinwiddie, A.T., Miller, K.D., Broz, D., Spector, E & O'Donnell, J. (2024)

Routes of Drug Use Among Drug Overdose Deaths — United States, 2020–2022. Morbidity and Mortality Weekly Report 73(6), 124-130. https://www.cdc.gov/mmwr/volumes/73/wr/pdfs/mm7306a2-H.pdf

"From January—June 2020 to July—December 2022, the percentage of overdose deaths with evidence of injection decreased 29.1%, from 22.7% to 16.1%, whereas the percentage with evidence of smoking increased 73.7%, from 13.3% to 23.1%." [p.124]