



Green Cross for Safety® Awards 2025 Finalist | Advocate

JLN Associates, LLC Case Study

Nicholas Delia, a seasoned fire chief and safety leader with JLN Associates, is a powerful advocate for the health, resilience and preparedness of first responders. He co-founded *Critical Conversations*, a free live web series launched during the pandemic to support frontline workers - offering access to mental health resources and creating space for honest dialogue in a profession often expected to be invulnerable. The series has grown into a respected platform featuring national experts from the NFPA, the Firefighter Cancer Support Network, the U.S. Fire Administration and more. Topics include:

- Firefighter mental health
- Cancer prevention
- Burnout
- Leadership in small departments

In addition to his advocacy work, Nick supports under-resourced municipalities through his presentation *It's Not Easy Being Small*, which has helped countless towns adopt formal emergency plans and create peer support networks to strengthen responder wellness.

Nick also leads full-scale hazardous materials drills across the state, giving first responders hands-on experience with high-risk scenarios to improve coordination and readiness.

Through education, storytelling, and on-the-ground support, Nicholas Delia is driving cultural change in the fire service - ensuring that first responders, no matter the size of their department, feel seen, supported, and better prepared.



Green Cross for Safety® Awards - Advocate Case Study Summary

Finalist: Nicholas Delia, JLN Associates, LLC (JLN Safety)

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