

Delivering the Course

This Instructor Manual provides a detailed plan for each module. To ensure the quality and effectiveness of the course, please follow the structure of each module as closely as possible.

Module/Topic	Lesson	Length
Module 1: What's Stopping Me?	Lesson 1: Introduction and Registration	20 minutes
	Lesson 2: Who's At Risk?	10 minutes
	Lesson 3: I Am Not a Statistic	15 minutes
	Lesson 4: My Choices	10 minutes
	BREAK	5 minutes
Module 2: Am I Aware?	Lesson 1: Know Your State Laws	15 minutes
	Lesson 2: Speed Kills	15 minutes
	Lesson 3: Aggressive Driving	10 minutes
	Lesson 4: Following Too Closely	10 minutes
	BREAK	10 minutes
Module 3: I'm Okay to Drive	Lesson 1: Impaired Driving – Drugs and Alcohol	15 minutes
	Lesson 2: Impaired Driving – Distracted Driving	15 minutes
	Lesson 3: Impaired Driving – Fatigue	10 minutes
	Lesson 4: Who Has the Right of Way?	15 minutes
	BREAK	5 minutes
Module 4: Who Controls My Outcome?	Lesson 1: Buckle Up	15 minutes
	Lesson 2: What If?	15 minutes
	Lesson 3: What Could They Control?	10 minutes
	Lesson 4: Taking Control of Myself	10 minutes
	Final Test and Course Conclusion	10 minutes
Total Time:		4 hours