

Safe Routes to Age in Place: Age-Friendly Transportation and Mobility

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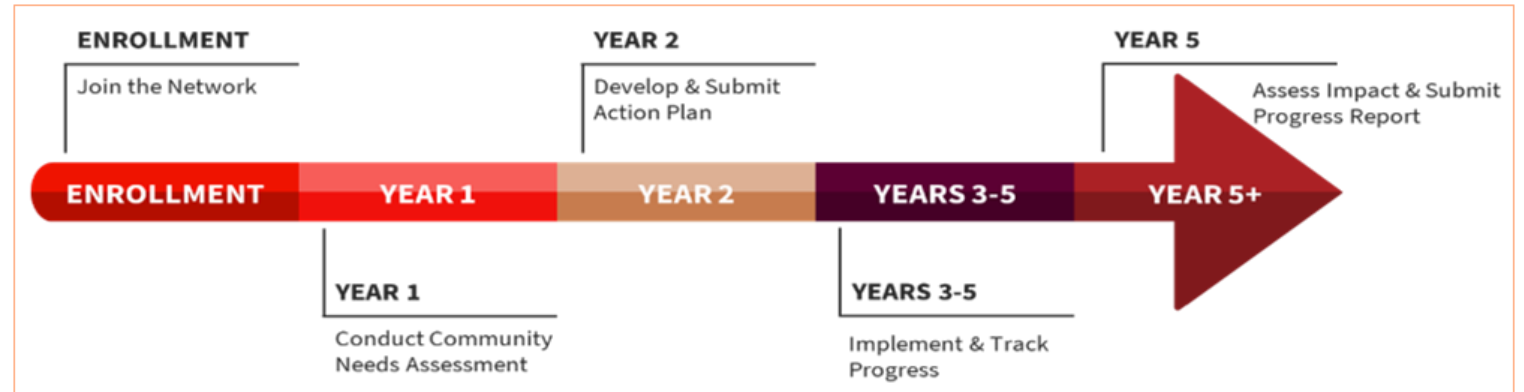
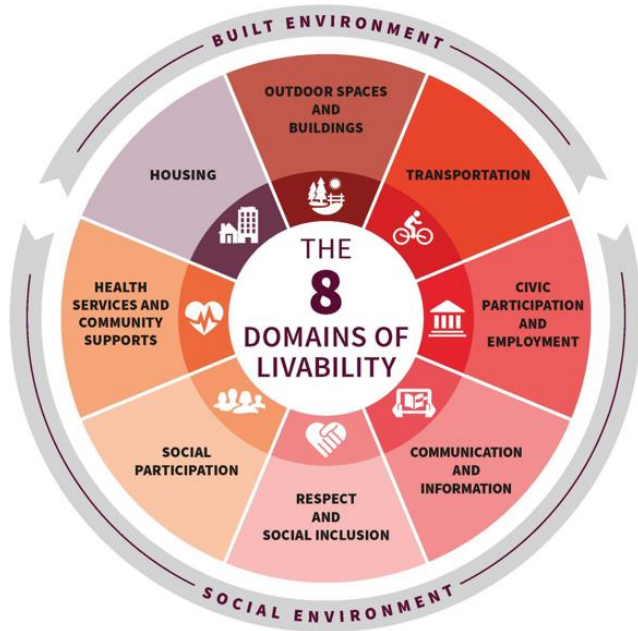
Director, Age-Friendly Innovation Center

Director, Age-Friendly Columbus and Franklin County, Ohio

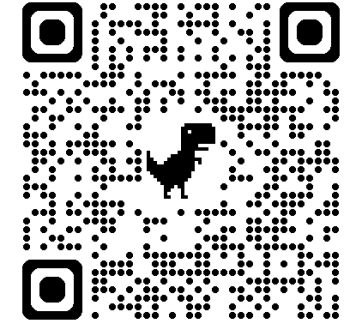
College of Social Work



Age-Friendly Communities Network



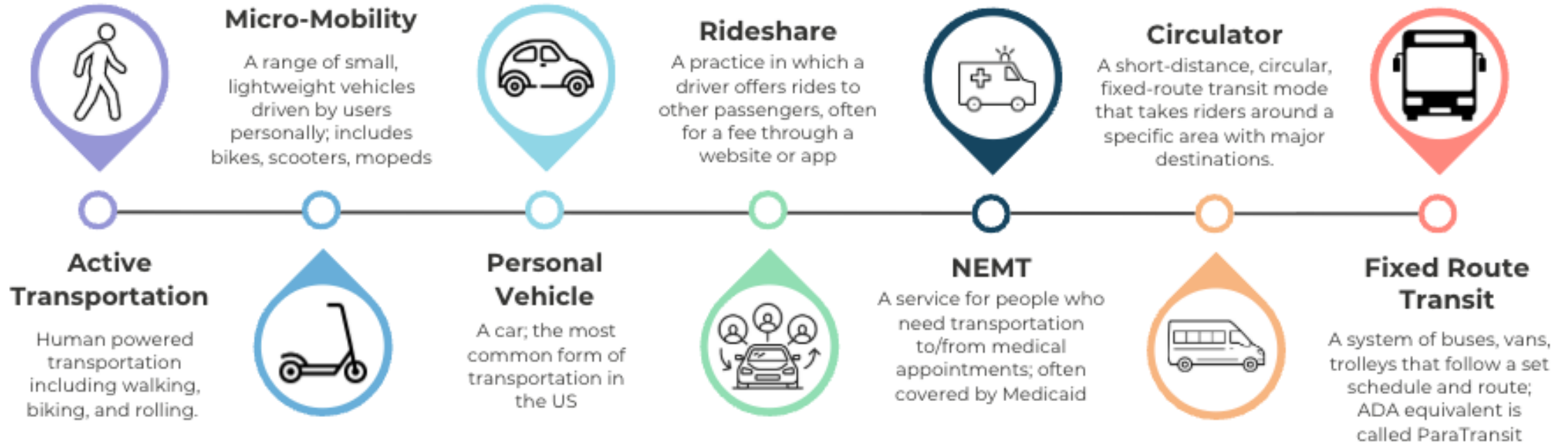
Centering the Voice of Older Adults: A Day in the Life of Karen



“When you give input, you want to see change”

Daniel Sinclair, Age-Friendly Resident Council





A Continuum of Transportation Options is Needed





5 As of Age-Friendly Transportation



Availability

Ensuring transportation options are available when and where older adults need them, including flexible schedules and routes



Accessibility

Making the service easy to use with features like wheelchair ramps, door-to-door assistance, clear signage, etc.



Acceptability

Creating an environment that feels comfortable, safe, and welcoming



Adaptability

Offering flexible options that can adjust to the changing needs of older adults, like a deviated fixed route service



Affordability

Ensuring options are financially accessible for older adults

Co-Develop, Co-Implement, and Co-Evaluate

Active and Micromobility Transportation
– Walk and Bike Audits, MyAmble App,

Personal Vehicles – CarFit and Roadside
Emergency Kits

Rideshare – Lyft Concierge

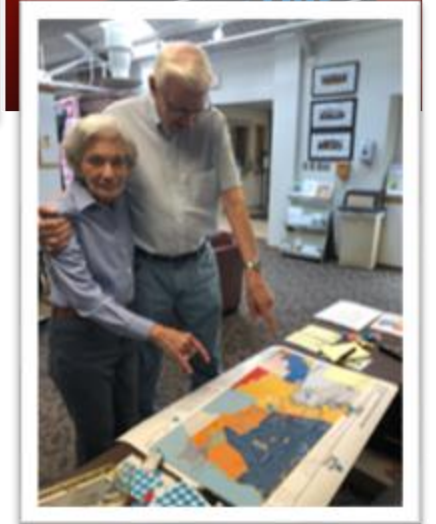


Co-Develop, Co-Implement, and Co-Evaluate

Non-Emergency Medical Transportation (NEMT) – Mobility Management, Mobility Planning Document

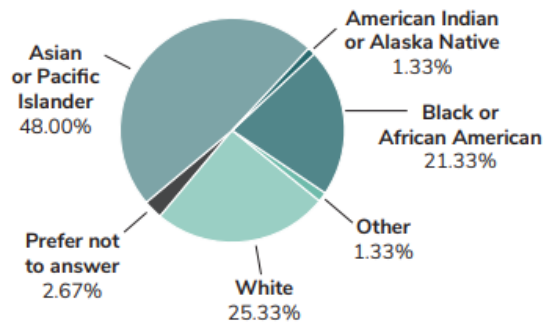
Circulator – C-Loop, Marysville Mary Go Round, and Bellefontaine Bellehop

Fixed Route – Age-Friendly COTA and Travel Training



Accessible and Inclusive Transit Stops

Participants by race



35% Said they had never used COTA



50% Reported English was not primary language



44% Reported having a disability



53% Reported income of less than \$10K/year

COMMUNITY IDENTIFIED UPDATES

Transit Stop Updates

- 1) shelter access at transit stops
- 2) adequate lighting
- 3) access to trash cans

Considerations for Future Planning

- 1) infrastructure surrounding transit stops, sidewalks and crosswalks
- 2) sense of safety using and accessing transit
- 3) proximity of stops and routes to areas of interest
- 4) additional training on using transit



Updated Stops



THE COLUMBUS
FOUNDATION



8 stops updated within a ¼ mile of an older adult affordable housing building



Age-Friendly Innovation Center

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