

Stay safe around workplace noise hazards



Exposure to loud noises may not always cause immediate hearing loss, but it can affect your life permanently as you get older. Think through these questions and tips to protect your hearing:

Is your equipment in need of service? Maintaining equipment regularly can help keep noise to a minimum.

Is your equipment correctly mounted to avoid extra noise?

Can you use sound-absorbing materials on ceilings, walls or floors?

Are nearby workers, even those not working with the loud equipment, protected from the noise?

Are you wearing hearing protection that has been fitted to you?

Is your hearing protection well maintained and replaced when needed?

Are visible warning signs posted when hearing protection is required?

Do you have a decibel measuring app on your phone to help identify when you're at risk? If nearby noise reaches 85 dB or above, you need to wear hearing protection.

Safety managers, use these questions and tips to protect your workers:

Are you maintaining equipment appropriately to help minimize vibration and noise?

Can loud parts of machines be enclosed?



Do you have a replacement policy for older, noisier equipment?

Do you conduct noise surveys at the beginning of a job and when the job changes?

Are you rotating workers to reduce noise exposure?

Are you training your workers on hearing protection fit, use, selection, maintenance, storage and replacement?

Do you have an audiometric testing program?

Do you have a plan to address work-related hearing loss?

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