

## Defensive Driving Courses

### e-Learning Instructor Certification Courses: Module Sessions and Timing

#### DDC Foundation (Principles of Defensive Driving)\*

UNIT	MODULE	TIMING (MINUTES)	
<b>1</b>	1-1	Introduction and Overview	14
	1-2	Know Your State and Local Laws	14
	1-3	Driver Background and Experience	30
	1-4	Vehicle and Driver Control	20
	1-5	Stopping and Following Distance	14
	1-6	Occupant Safety	18
	1-7	Impaired Driving	15
	1-8	Aggressive Driving and Road Rage	12
	1-9	Backing with Large Trucks	13
		<b>150</b> (2 hours 30 minutes)	

*\*Unit 1 has nine Modules. Each Module has a test. Candidates must score 100% to move to the next Modules. This means retaking the same test each time until the Candidate passes.*

#### DDC Facilitation and Classroom Management\*

UNIT	MODULE	TIMING (MINUTES)	
<b>2</b>	2-1	Learner Characteristics and Learning Styles	25
	2-2	Instructor Communications	20
	2-3	Facilitation Techniques	25
	2-4	Participant and Classroom Management	30
	2-5	Instructor Responsibilities	20
		<b>120</b> (2 hours)	

*\*Unit 2 has five Modules. Each Module has a test. Candidates must score 100% to move to the next Modules. This means retaking the same test each time until the Candidate passes.*

#### Choice Theory/Reality Therapy\*

(Required Module for Alive at 25, Attitudinal Dynamics of Driving, Chronic Offender and SCARR)

UNIT	MODULE	TIMING (MINUTES)	
<b>3</b>	3-1	Reality Therapy and Choice Theory	65
	3-2	Choice Theory Pre-Certification Exam	25
		<b>90</b> (1 hour 30 minutes)	

*\*Unit 3 has two Modules and as well as downloadable material. The downloadable material is at the discretion of the student. Each Module has a test. Candidates must score 100% to move to the next Module. The Choice Theory/Reality Theory Unit has 15 questions drawn from bank of constantly changing questions. If the Candidate must retest, he/she may receive a different question arrangement each time.*

## UNIT 4 - Defensive Driving Course (Specific) Curriculum\*

### Teaching *NSC Defensive Driving Course 10<sup>th</sup> Edition*

UNIT	MODULE	TIMING (MINUTES)
<b>4</b>	<b>About NSC Defensive Driving Course</b>	15
	4-1 Starting the Course: Why Are We Here?	50
	4-2 Sharing the Road	50
	4-3 Deadly Choices	50
	4-4 Vehicle and Lane Management	45
	4-5 Recognize the Hazard and Make the Right Choice	60
	4-6 Topics Covered in the 8-Hour Course	20
	4-7 Concluding the Course	10
<b>Approx. 300</b>		
<b>(5 hours)</b>		

### Teaching *NSC Professional Truck Driver*

UNIT	MODULE	TIMING (MINUTES)
<b>4</b>	<b>About Professional Truck Driver</b>	65
	4-1 Professionals in the Roadway Community	45
	4-2 The Professional Driver	50
	4-3 Driving Strategies	65
	4-4 Handling Challenging Situations	45
<b>270</b>		
<b>(4 hours</b>		
<b>30 minutes)</b>		

### Teaching *Alive at 25*

UNIT	MODULE	TIMING (MINUTES)
<b>4</b>	<b>About Alive at 25</b>	50
	4-1 What's Stopping Me?	50
	4-2 Am I Aware?	50
	4-3 What's the Risk?	45
	4-4 Who Controls My Outcome?	30
	4-5 Know My Limits	15
<b>240</b>		
<b>(4 hours)</b>		

*Additional UNIT 4 Teaching Courses on Page 3*

### Teaching *NSC Attitudinal Dynamics of Driving*

UNIT	MODULE	TIMING (MINUTES)
<b>4</b>	<b>About Attitudinal Dynamics of Driving</b>	50
	4-1 Driving in the Real World	45
	4-2 Self-Assessment Profile	20
	4-3 What Motivates Behavior	40
	4-4 What Do You Know?	25
	4-5 Total Behavior	30
	4-6 Planning for Change	35
	4-7 Driving Choices and Behaviors	40
	4-8 Choosing Responsible and Respectful Behaviors	30
		<b>315</b>
		<b>(5 hours 15 minutes)</b>

### Teaching *NSC Chronic Offender*

UNIT	MODULE	TIMING (MINUTES)
<b>4</b>	<b>About Chronic Offender</b>	55
	4-1 I Need to Know!	60
	4-2 What I Choose to Do	50
	4-3 The Reality of My Choices	50
	4-4 Taking Responsibility	25
		<b>240</b>
		<b>(4 hours)</b>

### Teaching *State Courts Against Road Rage*

UNIT	MODULE	TIMING (MINUTES)
<b>4</b>	<b>About State Courts Against Road Rage</b>	40
	4-1 How Did You Get Here?	50
	4-2 The Deadly Sins of Driving	40
	4-3 Impaired Driving	40
	4-4 What Can Happen?	40
		<b>210</b>
		<b>(3 hours 30 minutes)</b>

\*There are six different Unit 4s — one for each curriculum. The timing for each Unit/Module is based on passing all tests on the initial trial. Timing for each Unit/Module may vary among Candidate Instructors. The Modules and tests run from as few as four to as many as eight depending on the curriculum. Candidates must score 100% to move to the next Module. This may mean retaking the same test until the Candidate passes.

**Practice Teaching**  
 Within two weeks of the completion of the final module of the final unit required for Certification, the Training Center will receive the Candidate’s DDC Credentials. The Training Center is to monitor at least two complete programs taught by the instructor prior to signing and issuing the Certificate to the new instructor.